

BEA Amber Term 3 timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
8.50-9:15	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, t, self-regulation time.
9.15 9:40	Good Morning Check in Understanding emotions through Zones of Regulation Make it Monday – making emotional faces	Good Morning Check in Understanding emotions through Zones of Regulation Tunes Tuesday – matching music to emotions	Good Morning Check in Understanding emotions through Zones of Regulation Wiggle Wednesday – to think about how we feel through movement	Good Morning Check in Understanding emotions through Zones of Regulation Touch Thursday – to explore textures to see how they make us feel	Good Morning registration and check in Forest school
9:40 –10:00	Sensory Story	Sensory story	cooking	Sensory story	Forest school
10:00– 10:15	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload	Cooking	Cognition break/sensory regulation – to prevent cognition stress/overload	Forest school
10:15 – 10:30	sensology	sensology	cooking	sensology	Forest school
10:30 -10:45	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)
10.45 11:00	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)
11:00- 11:15	Personal hygiene	Personal hygiene	Personal hygiene	Personal hygiene	Personal hygiene
11:15 – 11:45	Cognition maths	Cognition	PE	Cognition maths	Forest school

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11:45 – 11:55	Choose a song /Wash hands ready for lunch	Choose a song/Wash hands ready for lunch	Choose a song/Wash hands ready for lunch	Choose a song/Wash hands ready for lunch	Choose a song/Wash hands ready for lunch
12.00- 1:10	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship
1:10 – 1:45	Good afternoon Understanding emotions through Zones of Regulation Sound awareness	Good afternoon Understanding emotions through Zones of Regulation Messy play	Good afternoon Understanding emotions through Zones of Regulation Sound awareness	Good afternoon Zones of regulation Understanding emotions through Zones of Regulation Sound awareness Gymnastics	Good afternoon Zones of regulation Understanding emotions through Zones of Regulation Messy play – food faces
1:45 2:00	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation
2:00– 2:15	theraplay	Looking good	theraplay	Looking good (dolls)	Looking good
2.15 - 2:30	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)
2.30 - 2.45	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)
2.45 -3.10	Class Assembly - Song time what have you enjoyed today	Class Assembly – Song what have you enjoyed today	Class Assembly – Song time what have you enjoyed today	Class Assembly – Song time what have you enjoyed today	Class Assembly – Song time pupils voice what have you enjoyed