

## BEA Amber Term 2 timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8.50-9:15</b>	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, t, self-regulation time.
<b>9.15 9:40</b>	Good Morning Check in Understanding emotions through Zones of Regulation Make it Monday – making emotional faces	Good Morning Check in Understanding emotions through Zones of Regulation Tunes Tuesday – matching music to emotions	Good Morning Check in Understanding emotions through Zones of Regulation Wiggle Wednesday – to think about how we feel through movement	Good Morning Check in Understanding emotions through Zones of Regulation Touch Thursday – to explore textures to see how they make us feel	Good Morning registration and check in Forest school
<b>9:40 –10:100</b>	Sensory Story	Sensory story	cooking	Sensory story	Forest school
<b>10:00– 10:15</b>	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload	Cooking	Cognition break/sensory regulation – to prevent cognition stress/overload	Forest school
<b>10:15 – 10:30</b>	Food exploration	Food exploration	cooking	Food exploration	Forest school
<b>10:30 -10:45</b>	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)
<b>10.45 11:00</b>	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)
<b>11:00- 11:15</b>	Personal hygiene	Personal hygiene	Personal hygiene	Personal hygiene	Personal hygiene
<b>11:15 – 11:45</b>	Cognition maths	PE	Cognition maths	Cognition maths	Cognition maths
<b>11:45 – 11:55</b>	Wash hands ready for lunch	Wash hands ready for lunch	Wash hands ready for lunch	Wash hands ready for lunch	Wash hands ready for lunch

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<b>12.00- 1:10</b>	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship
<b>1:10 – 1:45</b>	Good afternoon Understanding emotions through Zones of Regulation Make it Monday – making emotional faces Looking good	Good afternoon Understanding emotions through Zones of Regulation Tunes Tuesday – matching music to emotions Looking good	Good afternoon Understanding emotions through Zones of Regulation Wiggle Wednesday – to think about how we feel through movement Looking good	Good afternoon Zones of regulation Understanding emotions through Zones of Regulation Touch Thursday – to explore textures to see how they make us feel Looking good	Good afternoon Zones of regulation Understanding emotions through Zones of Regulation Food fun Friday to make edible faces using a variety of ingredients Looking good
<b>1:45 2:00</b>	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation	Cognition break/sensory regulation
<b>2:00– 2:15</b>	Sound awareness	Sound awareness	Messy play	Sound awareness	Messy play
<b>2.15 - 2:30</b>	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Enrichment and Social Relationship (playtime)	Forest school	Enrichment and Social Relationship (playtime)
<b>2.30 - 2.45</b>	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)
<b>2.45 -3.10</b>	Class Assembly - Story time what have you enjoyed today	Class Assembly – Story what have you enjoyed today	Class Assembly – Story time what have you enjoyed today	Class Assembly – Story time what have you enjoyed today	Class Assembly – Story time pupils voice what have you enjoyed