



Personal, Social, Health education

Our PSHE curriculum is organised into a pathway model to support the range of needs within the school.

	Pre formal and informal learners	Semi formal and formal learners
Scheme of learning	My Body and My Mind in line with the recommendations of the EQUALS RSE Scheme of Learning and The Sex Factor Handbook from Chailey Heritage School (for students with profound and multiple learning difficulties) learning disabilities.	RSHE curriculum Taken from the PSHE association framework This is supported with delivery of the So Safe Program which is specifically designed to reduce vulnerability to sexual abuse, and to improve the quality of social lives of pupils with moderate or severe learning disabilities.
Provision	Pupils are provided with direct 1:1 teaching and through a continuous provision model in line with their level of attention and engagement	Pupils are taught one lesson a week as a minimum with PSHE also being taught for a separate hour of a week in recognition of the vulnerability of our pupils.
Mental health and wellbeing	<ul style="list-style-type: none"> Emotional wellbeing Confidence Life/death and loss. 	<ul style="list-style-type: none"> Mental wellbeing Internet safety and harms
Physical health and wellbeing	<ul style="list-style-type: none"> Eating and drinking Dressing and undressing Intimate care/using toilet Cleaning teeth Brushing hair Washing and showering Body parts 	<ul style="list-style-type: none"> Healthy eating Health and prevention First aid People who help us Physical health and fitness

Investigators						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Families	Relationships	Body awareness	Growing and changing	Grief and loss	People who help us
KS2	Families	Caring relationships	Body parts	Life cycles	Hello and goodbye	People important to me
KS3	Different types of families	Relationships including friendship	Puberty	Public and private	Separation	My school
KS4	Marriage	Healthy & unhealthy relationships	Personal care	Reproduction	Coping with loss	My community
Post 16	Looking after children	Intimate relationships	Sexual health	Pregnancy & birth	Beliefs about death	Services

Should you require an additional information about the PSHE curriculum please contact our Subject leader Clare Porter clare.porter@bea-cit.co.uk